

Lamb

Lunch plates served from 11:00 a.m. to 3:00 p.m.

	Lunch	Dinner
LAMB SHANK WITH BAGHALI POLO <i>Fava beans and dill mixed with basmati rice and saffron, served with very tasteful lamb shank.</i>		14.99
KHORESH BAMIEH (OKRA STEW) <i>Stewed chunks of lamb, okra, and tomato paste, served with basmati rice and saffron. (Hot & Spicy)</i>	9.49	14.49
KHORESH BADEMJAN (EGGPLANT STEW) <i>Stewed chunks of lamb, sauteed eggplant, onion, and tomato, served with basmati rice and saffron.</i>	9.49	14.49

Vegetarian

KASHK-BADEMCHAN <i>A mixture of sauteed eggplant, onion, garlic, mint, and sour yogurt sauce with pita bread.</i>		6.99
ZERESHK POLO <i>Sauteed sweet and sour barberries (zereshk), served on steamed basmati rice and saffron.</i>		6.99
ALBALOU POLO <i>Sauteed sour cherry, almond, served on steamed basmati rice and saffron.</i>		6.99
ADAS POLO <i>Sauteed lentil, raisin, onion, mixed with basmati rice and saffron.</i>		6.99
SHIRIN POLO <i>Mixed sweet shredded carrot, orange peel, almond, served on steamed basmati rice and saffron.</i>		6.99
BAGHALI POLO <i>Basmati rice and saffron, fava beans and dill.</i>		6.99
LOUBIA POLO <i>Basmati rice mixed with tomato sauce, onion, green beans and spices.</i>		6.99
MIRZA GHASEMI <i>Sauteed eggplant, garlic, onion, tomato, and egg with pita or basmati rice and saffron.</i>		8.99
VEGETARIAN COMBO <i>Portions of plain Basmati Rice, humus and shirazi salad</i>		8.99

Side Dishes

TORSHI <i>Mixed of chopped garden vegetables in spices, eggplant and vinegar.</i>	4.99	6.99
SHOOR <i>Sliced pickled vegetables.</i>	4.49	5.99
PLAIN BASMATI RICE		3.99



What Makes Us Different?

Fiouna Catering specializes in Authentic Persian Cuisine, prepared by our Gourmet chefs who have over 12 years of event planning experience. We are ready to work with you on a memorable event. No matter the occasion, we will assist you with every step of the planning process. Fiouna Catering is a full-service caterer for weddings, high-end cocktail parties, social events, grand openings, and receptions for both the social and corporate customer. For further assistance or to request a quote, please contact us at **617-527-2717** or email us at **catering@fiouna.com**.

We are committed to providing you with the best quality food and service

We thank you for your continued business.

BE A GUEST AT YOUR OWN PARTY

FIOUNA CATERING

Persian Cuisine



www.fiouna.com

617-527-2717

617-527-7717

367-B California Street
Newton, MA 02458

Store Hours

Monday	Closed
Tuesday & Sunday	11:00 am–6:00 pm
Wednesday–Saturday	11:00 am–8:00 pm

Take-out Menu

Gift Certificates Available

Appetizers

*Appetizers served with pita bread or pita chips

	Sm	Lg
*KASHK BADEMJAN (EGGPLANT SPREAD) <i>A mixture of sautéed eggplant, fresh garlic, onion, mint, with yogurt sauce.</i>	4.99	6.99
*HUMMUS <i>A mixture of mashed chick peas, fresh garlic, olive oil, lemon juice with tahini sauce.</i>	3.49	5.49
MAST _ O _ KHIAR (CUCUMBER DIP) <i>Special homemade yogurt mixed with chopped cucumber and mint.</i>	2.99	4.99
MAST _ O _ MOSIER (SHALLOT DIP) <i>Special homemade yogurt mixed with shallot.</i>	3.99	5.99
*OLOVIEH (CHICKEN SALAD) <i>Mixed chicken, egg, potato, green peas, carrot, pickle, and mayo.</i>	5.49	7.99
*MIRZA GHASEMI (EGGPLANT DIP) <i>A mixture of sautéed eggplant, fresh garlic, onion, tomato, and egg.</i>	5.99	8.99

Soup & Salads

	Sm	Lg
HOMEMADE SOUP OF THE DAY		
TABOULI <i>A mixture of cracked wheat, tomato, fresh parsley, green onion, dried mint, lemon juice, and olive oil.</i>	4.99	6.49
SHIRAZI SALAD <i>A mixture of fresh diced cucumber, tomato, onion, dried mint, lemon juice, and olive oil.</i>	3.99	5.99
GARDEN SALAD <i>Fresh romaine lettuce, cucumber, tomato, red onion, carrot, served with house dressing.</i>	3.99	5.99
CEASER SALAD <i>Fresh romaine lettuce, carrot, parmesan cheese, crouton, sesame seeds, and Caesar dressing.</i> <i>Grilled chicken or scoop of tuna available for an additional \$3.00</i>	N/A	5.99

NOTICE: We must inform our guests that consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

Before placing an order, please inform your server if anyone in your party has a food allergy.

Daily Rice Plates

Lunch plates served from 11:00 a.m. to 3:00 p.m.

	Lunch	Dinner
ALBALOO POLO (CHERRY RICE) <i>Sautéed sour cherry, almond, mixed with basmati rice and saffron, served with a skewer of chicken kabob.</i>	8.99	13.99
ZERESHK POLO (BARBERRY RICE) <i>Sautéed sweet and sour barberries (Zereshk) mixed with basmati rice and saffron, Served with a skewer of chicken kabob.</i>	8.99	13.99
ADAS POLO (LENTIL RICE) <i>Sautéed lentil, raisin, onion, mixed with basmati rice and saffron, served with a skewer of chicken kabob.</i>	8.99	13.99
SHIRIN POLO <i>Sweet shredded carrot, orange peel, almond, mixed with basmati rice and saffron, served with a skewer of chicken kabob.</i>	8.99	13.99
LOUBIA POLO <i>Sauteed chunks of veal mixed with tomato sauce, onion, green beans, spices served with basmati rice and saffron.</i>	8.99	13.99

BETTER INGREDIENTS, HEALTHIER FOODS

We pride ourselves in using the finest & freshest meat & vegetable products available

Homemade Stews

Lunch plates served from 11:00 a.m. to 3:00 p.m.

	Lunch	Dinner
KHORESH FESENJAN (POMEGRANATE STEW) <i>Simmered chicken in sweet flavored pomegranate sauce with finely crushed walnuts.</i>	8.99	13.99
KHORESH GHORMEH – SABZI <i>Stewed chunks of veal cooked with red beans, dried lemon, fresh aparsley, cilantro and spinach, served with basmati rice and saffron.</i>	8.99	13.99
KHORESH GHEIMEH <i>Stewed chunks of veal, yellow split peas, dried lemon, onion, and tomato, topped with potato sticks, served with basmati rice and saffron.</i>	8.99	13.99
KHORESH GHEIMEH–BADEMJEAN (EGGPLANT STEW) <i>Stewed chunks of veal, sautéed eggplant, yellow split peas, and tomato, served with basmati rice and saffron.</i>	9.49	14.49

Kabobs

- All kabob dishes are served with plain basmati rice, saffron, and grilled tomato.
- Plain basmati rice can be substituted with Barberries Rice, Cherry Rice or Shirin Polo for an extra \$2.99.
- Plain basmati rice can be substituted with small Shirazi salad at no extra charge.
- Extra skewer of Beef Kubideh or Chicken Kubideh for \$6.00.
- Sandwiches served from 11:00 a.m. to 3:00 p.m.

Beef

	Sandwich	Dish
BEEF BARG <i>Marinated chunks of sirloin beef skewered and char-grilled to perfection.</i>	9.99	14.99
BEEF KUBIDEH <i>Two juicy skewers of seasoned ground beef char- grilled to perfection.</i>	8.99	13.99
BEEF SOLTANI <i>Combination of a skewer of sirloin beef and a skewer of seasoned ground beef char-grilled to perfection.</i>	N/A	18.99

Chicken

JUJEH KABOB <i>Marinated Juicy chunks of Cornish Hen skewered and char-grilled to perfection.</i>	N/A	16.99
CHICKEN BARG <i>Marinated juicy chunks of boneless chicken breast skewered and char-grilled to perfection.</i>	8.99	13.99
CHICKEN SHISH KABOB <i>Marinated juicy chunks of boneless chicken thigh skewered and char-grilled to perfection.</i>	8.99	13.99
CHICKEN KUBIDEH <i>Two juicy skewers of seasoned ground chicken char-grilled to perfection.</i>	8.99	13.99
CHICKEN SOLTANI <i>Combination of a skewer of chicken breast and a skewer of seasoned ground chicken.</i>	N/A	17.99

Kabob Combinations

BEEF KUBIDEH & CHICKEN KUBIDEH <i>Combination of a skewer of seasoned ground beef and a skewer of seasoned ground chicken.</i>	13.99
JUJEH KABOB & CHICKEN KUBIDEH <i>Combination of a skewer of Cornish hen and a skewer of seasoned ground chicken.</i>	21.99
BEEF BARG, CHICKEN BARG, BEEF KUBIDEH	28.99

All menu items and prices are subject to change without prior notice. Prices exclude tax and may vary.